



**Karate Explained
Community**

USER GUIDE

**Your guide to setting up,
engaging, and getting
the most out of the
Karate Explained
Community**



空手共同体

KARATE COMMUNITY

www.karateexplained.com

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1. Introduction to Karate Explained Community

1.1 Overview of the Community

Karate Explained is a vibrant online community dedicated to Karate practitioners, enthusiasts, and anyone interested in the martial art. It's a hub for connecting, learning, and growing together on your Karate journey.

*At the heart of our community is our belief: **#ForeverAStudent**. This shared philosophy reminds us that no matter how far we progress, there is always more to learn and discover in karate. It's a mindset that unites and inspires every member to keep growing.*

1.2 Purpose and Goals

This community fosters learning, collaboration, and sharing of karate knowledge and experiences. It's a platform to discuss techniques, training methods, philosophy, history, and Karate concepts.



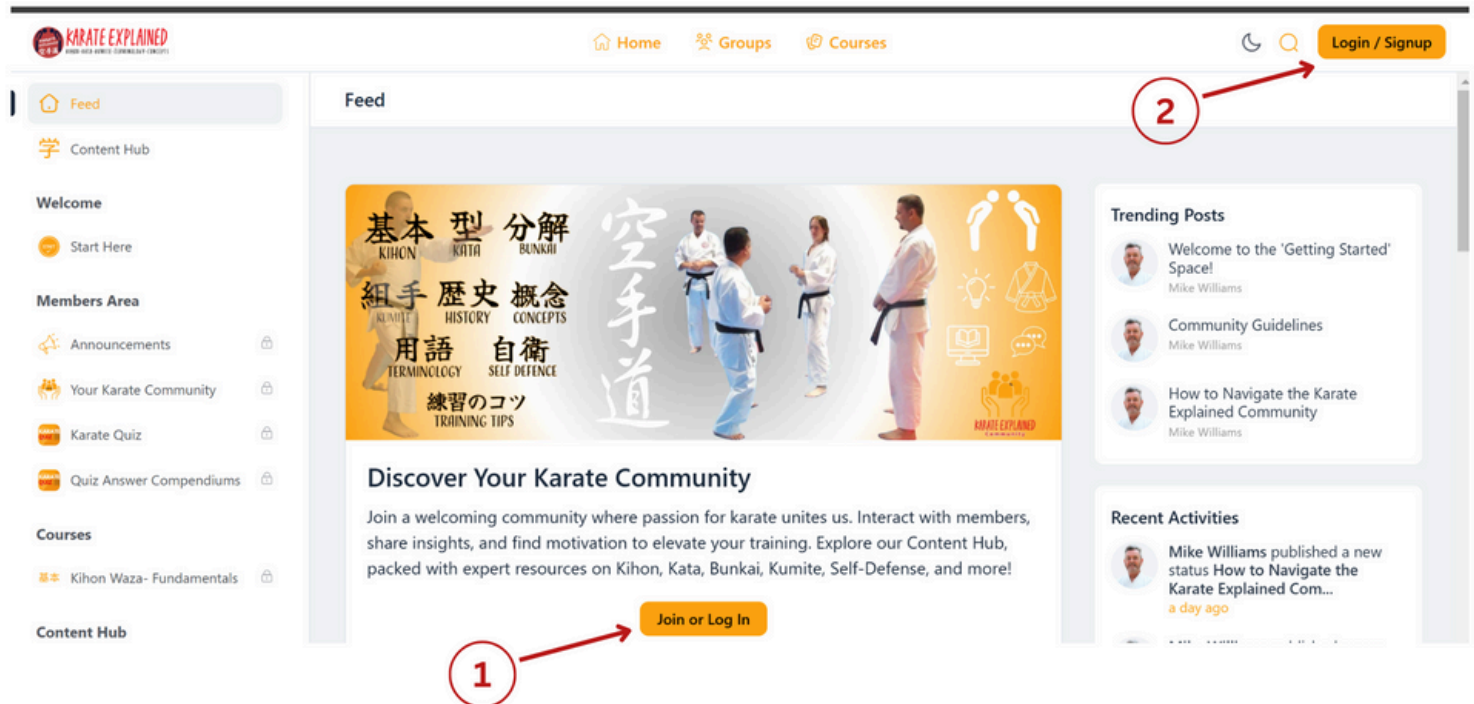
2. Getting Started

2.1 Joining the Community

To join, follow these simple steps:

- a. Visit [Karate Explained Community](https://karateexplained.com/portal)
 - Click on button ① or ② to access the sign-up form.

<https://karateexplained.com/portal>



- Click on button ① to create a Free account or;
- Click on button ② to create a Pro or Elite account.

Login | Signup

Username or Email Address

Username or Email

Password

Password

☒ Remember Me

Log In

 Login with Google

Not registered? [Create an Account](#)

Forgot your password? [Reset Password](#)

Register for Free

Create a Free Account

Whether you're a novice or an experienced practitioner, our purpose is to guide you in unlocking the true potential of Karate.

Start with a **Free Account** to access the *Karate Explained Content Hub* including:

- Online Community
- Articles
- Karate Quiz
- Karate Dojo Online
- Karate Podcast

Or, [choose a paid plan](#) to access all our best stuff.

Explore Premium Options

b. Complete the sign-up form with your details.

- Complete with your details. ①
- Click Signup ②
- There is also the option to Signup using your Google account (3).

The screenshot shows the 'Karate Explained' website's sign-up page. The page is divided into two main sections: 'Login | Signup' on the left and 'Register for Free' on the right. The 'Login | Signup' section contains a vertical form with fields for 'First name', 'Last Name', 'Username', 'Email Address', and 'Password'. A red arrow labeled '1' points to the 'First name' field, and the text 'Complete the details' is next to it. Another red arrow labeled '2' points to the 'Signup' button, and the text 'Click on Signup' is next to it. The 'Register for Free' section has an orange button labeled 'Create a Free Account'. Below this, there is a paragraph about the purpose of the site, followed by a list of features available with a free account: 'Online Community', 'Articles', 'Karate Quiz', 'Karate Dojo Online', and 'Karate Podcast'. There is also a link to 'Explore Premium Options'. At the bottom of the page, there is a 'Signup with Google' button. A red arrow labeled '3' points to this button, and the text 'Optional Signup with your Google account' is next to it.

c. Confirm your email to activate your account. Check your inbox for the confirmation email.

2.2 Navigating the Platform

Once logged in, the Main Dashboard serves as your gateway to the community features, including:

- Spaces and courses
- Resources
- Member profiles

Pro Tip: Use the Search Bar for quick access to specific topics, posts, or members. Refine searches using keywords and filters.

2.3 Community Guidelines

Please review the community guidelines, which outline the expected behavior and code of conduct ([see appendix A](#)).

3. Setting Up Your Personal Profile

3.1 Accessing Profile Settings

Personalize your profile by navigating to the "Settings" or "Profile" section.

Log in to your Karate Explained Community account, and click your profile dropdown in the top-right corner. ①

Select your name to open the profile edit section. ②



You must be logged into your account

Click to show the profile dropdown options

①

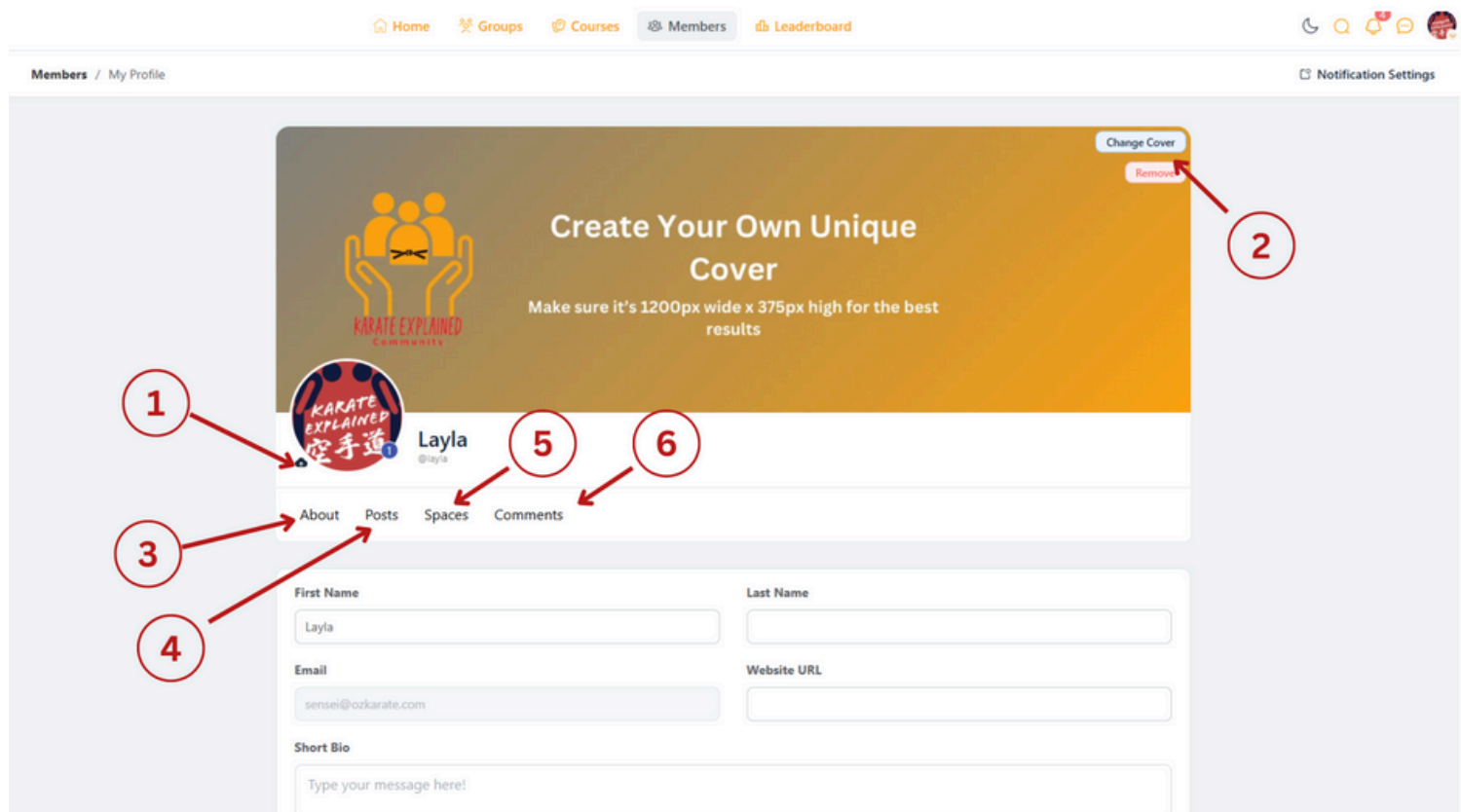
Click your name to open the profile settings options

②

The screenshot displays the Karate Explained Community website. The top navigation bar includes links for Home, Groups, Courses, Members, and Leaderboard. A user profile icon with the letter 'L' is in the top right corner. A red arrow labeled '①' points to this icon, with the text 'Click to show the profile dropdown options'. Below the icon, a dropdown menu is visible, containing the user's name 'Layla' and email 'sensei@ozkarate.com'. A red arrow labeled '②' points to the user's name in the dropdown, with the text 'Click your name to open the profile settings options'. The dropdown menu also lists options: My Spaces, Bookmarks, Content Hub, and Logout. The main content area features a large banner with Japanese text and the 'KARATE EXPLAINED Community' logo. The left sidebar contains a 'Feed' section and a 'Members Area' with various links like Announcements, Your Karate Community, Karate Quiz, and Quiz Answer Compendiums. The right sidebar shows 'Trending Posts' with user avatars and titles.

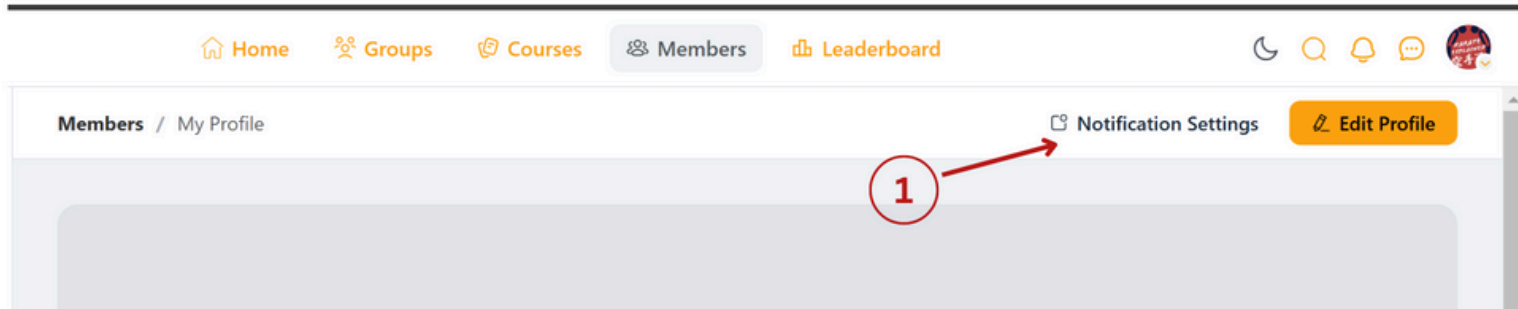
3.2 Customizing Your Profile

- **Profile Photo:** Click the cloud icon next to your current profile picture to upload or update your profile photo. ①
- **Cover Photo:** To add or change your cover image, hover over the top right of the cover image area and click the *Change or Upload Cover* button (upload an image 1220px wide x 375px in height). ②
- **About:** View or update your personal details by selecting *About*. ③
- **Posts:** See all your posts across different spaces by clicking on *Posts*. ④
- **Spaces:** View the spaces you've joined under the *Spaces tab*. ⑤
- **Comments:** Check all comments you've made by selecting *Comments*. ⑥



3.2 Customizing Your Profile (contd)

- **Notification Settings:** If you want to customize notifications for your profile click on the Notification Settings button. ①



- **Global Email Notifications:** set your preferences to control when you receive email notifications.

Global Email Notifications

These settings will be applied across all spaces you're a member of.

☒ **Email me when someone comments on my post**

You will receive an email when someone leaves a comment on your post.

☒ **Email me when someone replies to my comments**

You will receive an email when someone replies to your comments.

☒ **Email me when someone mentions me in a post or comment**

You will receive an email when someone mentions you in a comment or post.

☐ **Weekly digest on Tuesday**

No digest email will be sent.

3.2 Customizing Your Profile (contd)

- **New Post Notifications:** Go to Post Notifications to subscribe to new post notifications by space. ①
- The spaces displayed on your profile correspond to the spaces for which you hold a membership.

The screenshot shows the 'New Posts Notifications' settings page. At the top, there is a header with a user icon and the title 'New Posts Notifications' with a subtitle 'Subscribe to new posts notifications by space'. A red arrow points to this header with a circled '1'. Below the header is a table with two columns: 'Space' and 'Notification'. The table has three rows. The first row is 'Welcome' with a 'Start Here' button and an 'Email Disabled' dropdown. The second row is 'Members Area' with a red box around the 'Announcements' space and its 'Notify only for Admin Posts' dropdown, with a red arrow pointing to it and a circled '2'. The third row is 'Your Karate Community' with an 'Email Disabled' dropdown. The fourth row is 'Karate Quiz' with an 'Email Disabled' dropdown. At the bottom, there is a 'Save Changes' button with a red arrow pointing to it and a red exclamation mark icon with the text 'Make sure to save your changes' and a circled '3'.



QUICK TIPS

Never Miss an Announcement: Configure your preferences for the *Announcements* Space to receive notifications only for admin posts. ②
This ensures you receive an email notification whenever a new announcement is published.

! Make sure to save your changes once you have selected your preferences. ③



4. Navigating Your Community

4.1 Understanding the Spaces

Our community is divided into several spaces, each with a specific purpose:

4.1.1 Getting Started

- Purpose: Your one-stop information hub for essential guidance.
- Features: Topic buttons at the top of the feed provide quick access to posts about Community Guidelines, Membership Levels, FAQs, and more.
- Tip: This space is read-only for visitors, making it a focused resource for key information.

4.1.2 Announcements (Sign-In Required)

- Purpose: Stay updated on community news, upcoming events, and important updates.
- Features: Posts from moderators and admins only, ensuring you get accurate and timely information.
- Tip: Check this space regularly to stay informed.

4.1.3 Your Karate Community (Sign-In Required)

- Purpose: An interactive space for members to connect, share experiences, and grow together.
- Features:
 - Introductions: Get to know your fellow members.
 - Discussions: Share insights, ask questions, and join conversations.
 - Online Chat: Real-time interaction with other karate enthusiasts.
- Tip: Dive in to make meaningful connections!



4.1.4 Karate Quiz (Sign-In Required)

- **Purpose:** Challenge your knowledge of karate with fun and educational quizzes.
- **Features:** Monthly quizzes that test your understanding of karate history, techniques, and concepts.

Tip: Use this space to engage with quizzes and expand your learning.

4.1.5 Quiz Answer Compendium (Pro and Elite Members Only)

- **Purpose:** Access detailed explanations of quiz answers to deepen your understanding.
- **Features:** Downloadable documents with comprehensive insights for every question.

Tip: Perfect for advanced learning and refining your knowledge.

4.1.6 Introduction to Courses (Sign-In Required)

- **Purpose:** Explore structured learning opportunities to advance your karate journey.
- **Features:**
 - Information about available online courses, including overviews and lessons.
 - Learn key techniques, concepts, and skills with expert guidance.

Tip: This space is ideal for members who prefer a systematic approach to learning.



4.2 Key Features of the Community

4.2.1 Topic Buttons

Located at the top of spaces like *Getting Started* and *Your Karate Community*. Topic Buttons provide direct access to popular posts and resources, such as:

- Community Guidelines
- Membership Benefits
- Karate Quiz Resources

4.2.2 Membership Benefits

Different membership tiers offer varying levels of access:

- Starter (Free): Limited resources like newsletters and community access.
- Pro: Access to premium resources like the Karate Quiz Answer Compendium.
- Elite (Premium): Comprehensive access to exclusive content and features.

Tip: Upgrade your membership to unlock more features.

4.2.3 Finding Help

Feedback and Support: Use the Feedback and Support topic button for assistance with technical issues or community-related questions.

4.2.4 Tips for a Smooth Experience

Explore Spaces: Start with "Getting Started" to familiarize yourself, then dive into interactive spaces.

Follow Guidelines: Adhering to our [Community Guidelines](#) ensures a positive environment for all members.

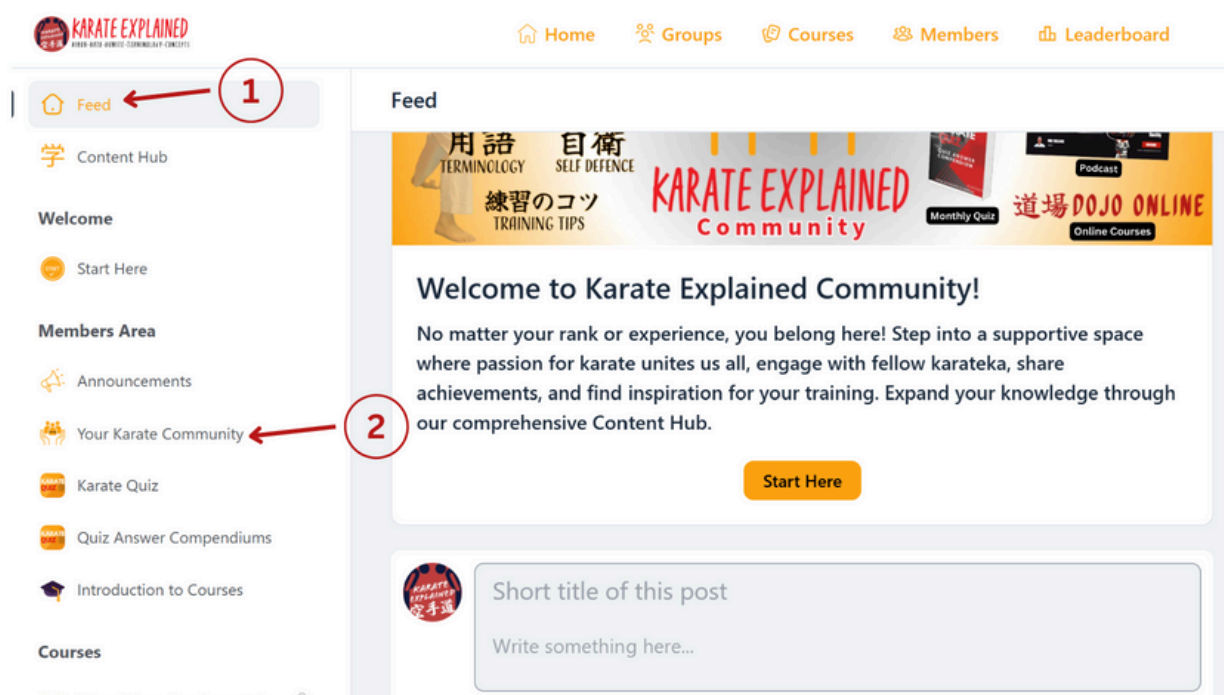
Engage: Once signed in, actively participate in the *Your Karate Community* space to connect with like-minded individuals.

Comment

4.3 Creating & Managing Posts

4.3.1 How to Create a Post

You can create a post either from the main **1** feed or within any Space you are a member of, such as Your Karate Community. **2**



4.3.1.1 Posting from the Main Feed

If you create a post from the main feed, you will need to select a Space from the dropdown menu before proceeding. Beyond this step, the posting process remains the same.

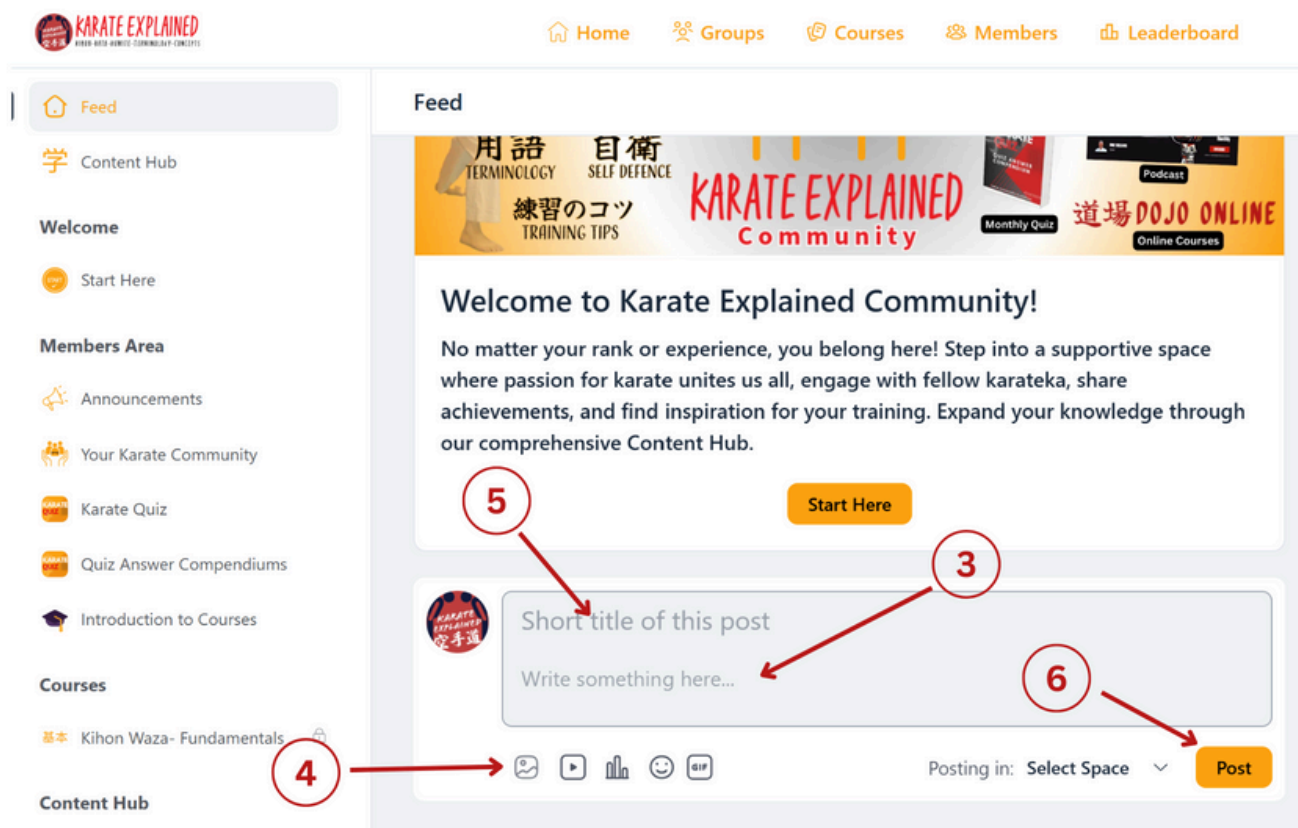
4.3.1.2 Creating Your Post

- Type your message in the text box. ③
- Add images, links, or other media as needed. ④

Depending on the Space's settings, you might be required to enter a short post title. ⑤

Use formatting options, insert hashtags, or mention other users by typing "@" followed by their name.

Once your post is ready, click the Post button. ⑥ Your content will then be published in the feed and visible to members, depending on the Space's privacy settings.



4.3.2 Managing Posts

4.3.2.1 Editing a Post

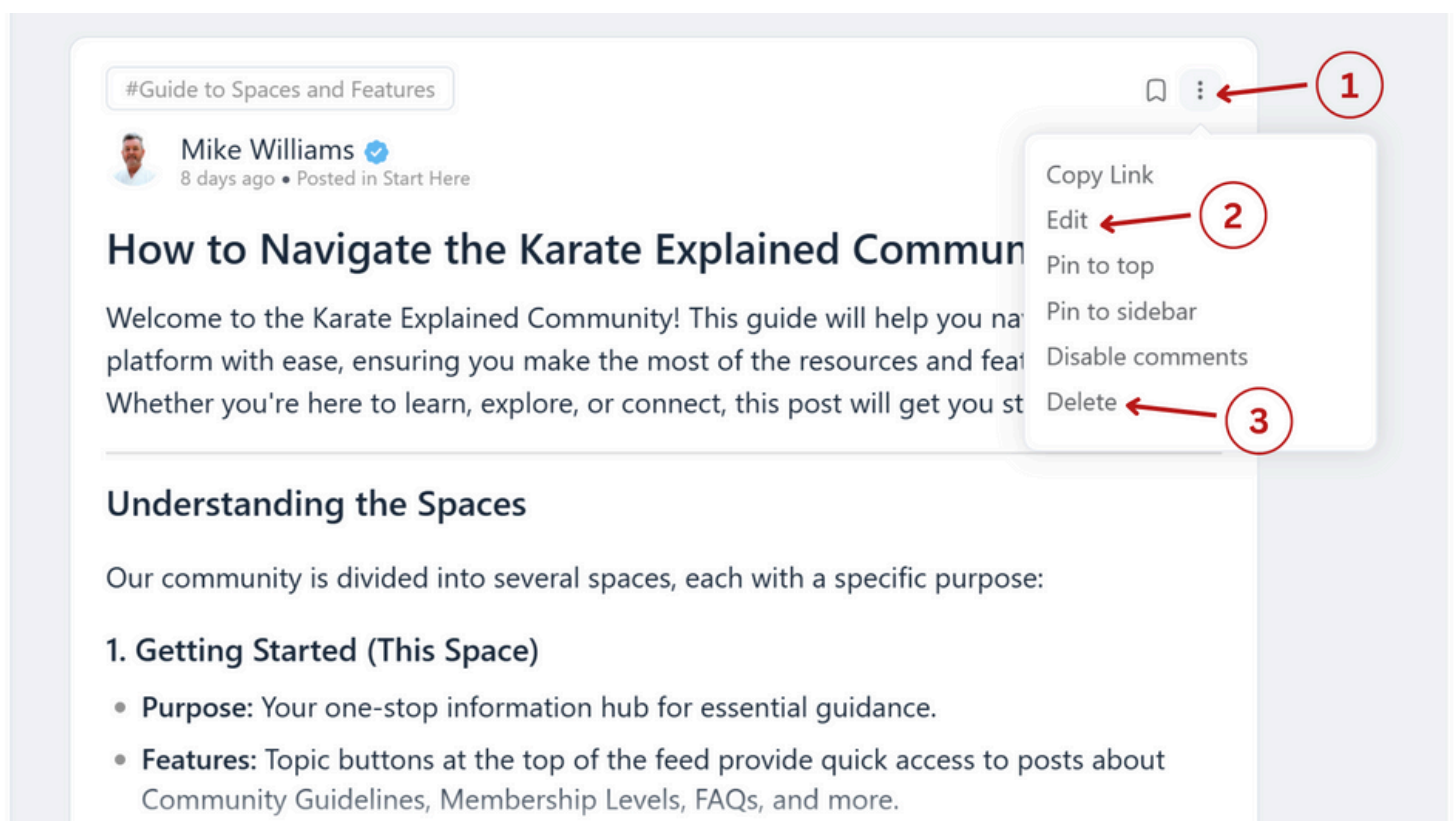
To edit a post you've shared:

- Locate the post you wish to edit.
- Click the three-dot menu in the top right corner of the post. ①
- Select Edit from the dropdown menu. ②
- Make the necessary changes and click Update to save your edits.

4.3.2.2 Deleting a Post

To delete a post:

- Click the three-dot menu on the post. ①
- Select Delete from the dropdown menu. ③
- A confirmation prompt will appear—confirm the action to permanently remove the post from the feed.



5. Karate Explained Chat

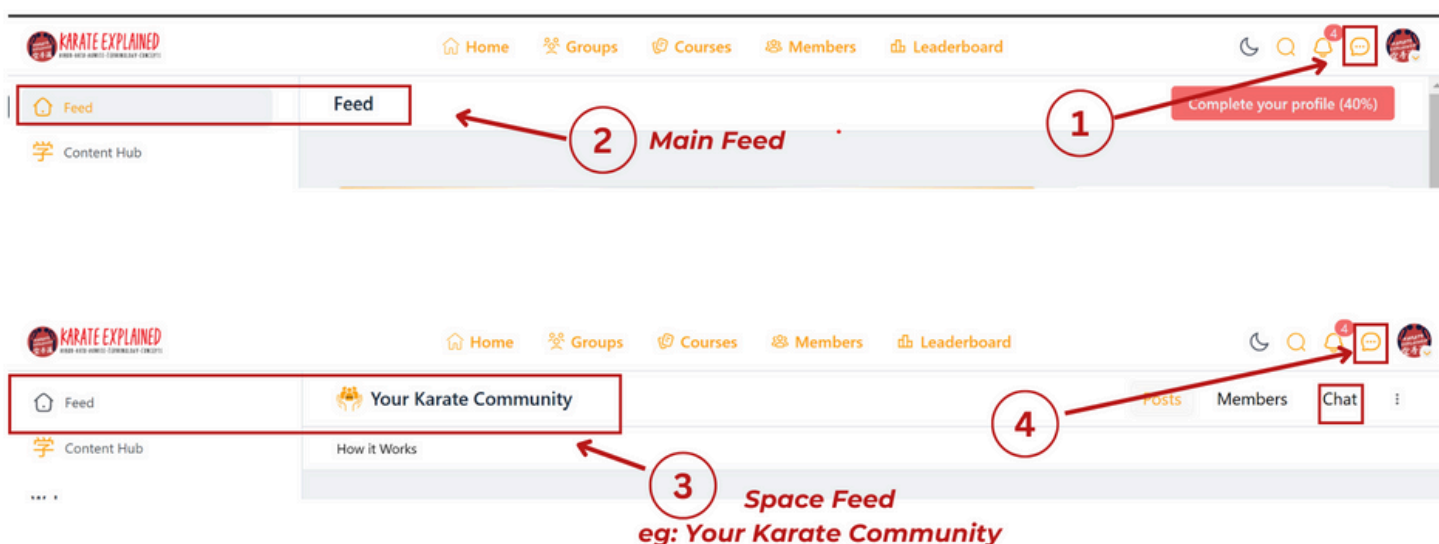
5.1.1 Using the Karate Explained Chat Feature

The Karate Explained chat feature enables seamless real-time communication among members, allowing users to exchange messages, share media, and view profile details within the community.

5.1.2 Starting a Chat Session

You can access the chat feature by clicking the **Message** icon (1) located in the top-right corner of the navigation bar on the **Main Feed**. (2) If you are within one of your **Spaces**, (eg: Your Karate Community) (3) you can also access the chat by clicking **Chat**. (4)

Accessing the Chat Feature



The first section shows access to the Chat from the **Main Feed**. The second section shows access to the Chat from any Space Feed you are a member of, in this example it is **Your Karate Community** Space Feed

5.2 Navigating the Chat Interface

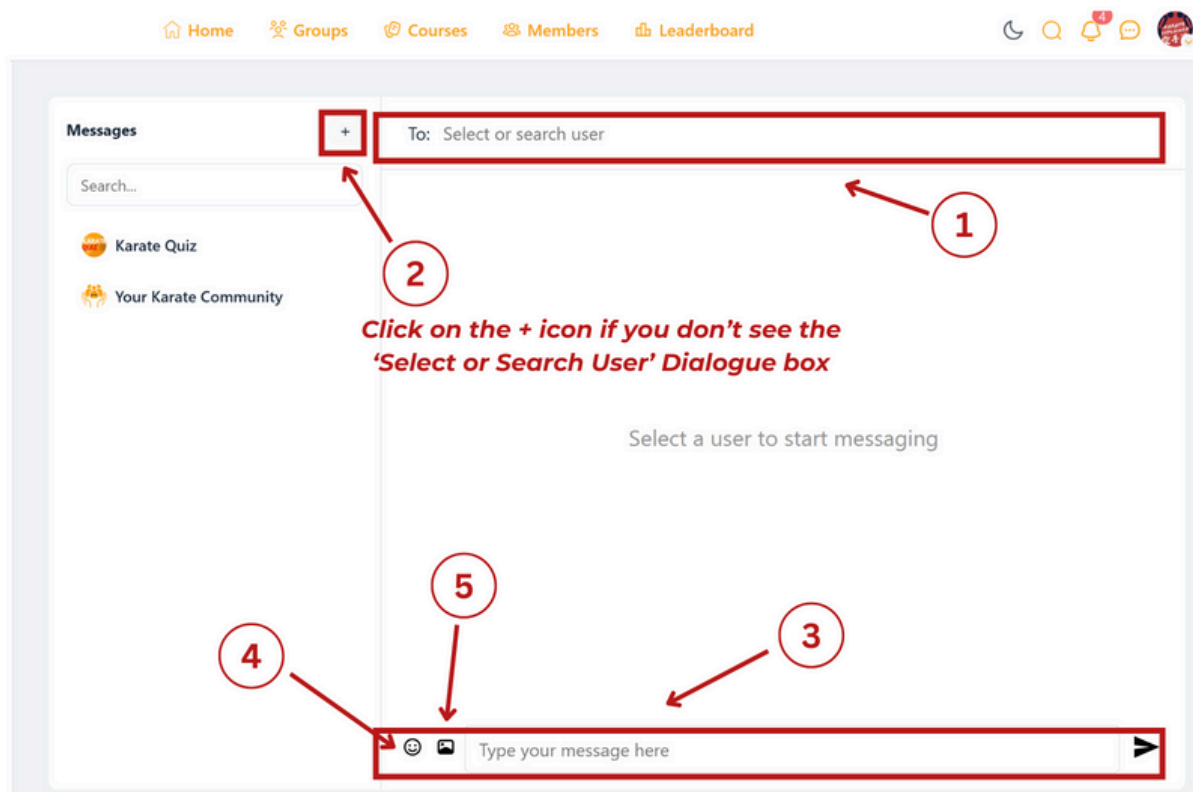
5.2.1 Starting a Conversation

To begin a conversation, simply select the user you wish to message from the chat area. **1** If you don't see the option to select a user click on the plus + icon first. **2**

5.2.2 Sending Messages and Media

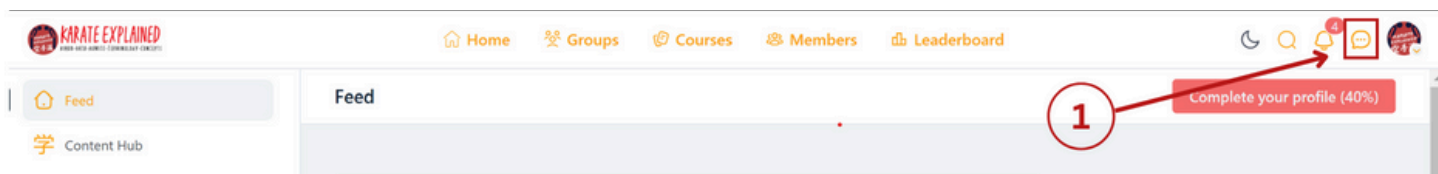
Within the *Type Your Message Here* box, **3** you can:

- Send text messages.
- Use emojis to enhance your messages. **4**
- Upload images and videos directly within the chat. **5**



5.2.3 Accessing the Chat Icon

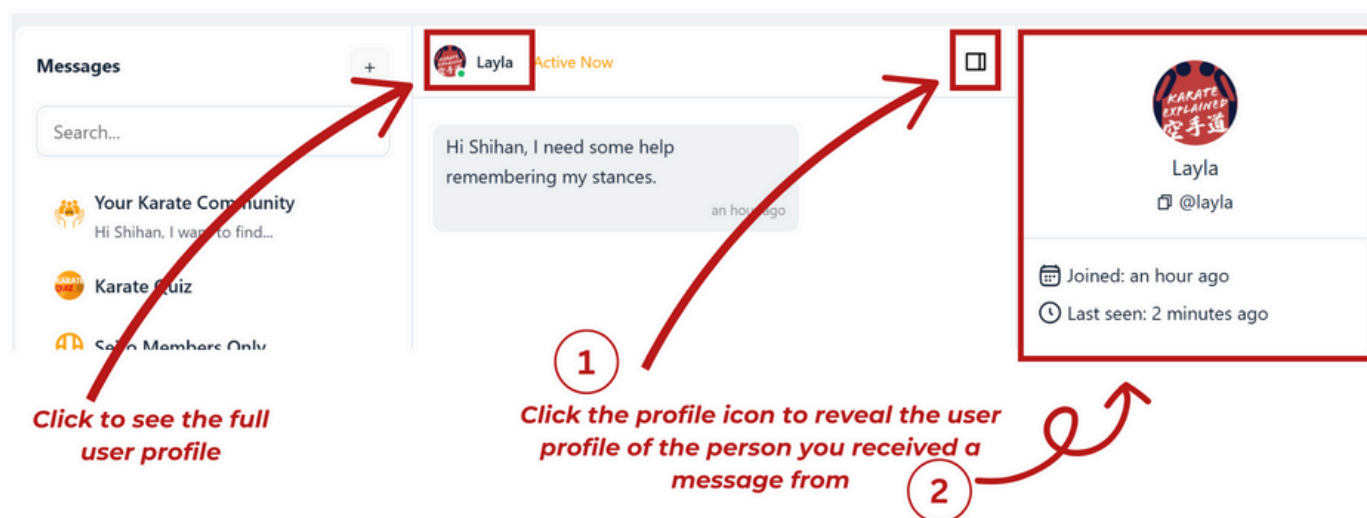
You can return to your chat conversations anytime by clicking the Message icon in the top-right corner. ①



5.2.4 Viewing User Profile Details

The chat feature allows you to view the profile details of other users within your conversations.

5.2.5 Selecting a User Profile



Click on a user's profile within the chat to expand or collapse the profile view.

You can view additional user details such as:

- Name
- Username
- Join Date
- Last Seen Status

The Karate Explained chat feature fosters a vibrant community space, making it easy for members to stay connected, share media, and interact in real-time.

6. Global Activity Feed

The Global Activity Feed in Karate Explained Community serves as a central hub where members can stay informed and engaged with the latest activities across public and joined spaces. This interactive feature displays recent posts, comments, and reactions, fostering real-time connections within the community.



Global Activity Feed – Stay Connected at a Glance

The Global Activity Feed brings together updates from all the spaces you are a member of both public and private, so you can see the latest posts, comments, and interactions in one place. This means you'll only see activity from spaces you've joined, ensuring your feed is relevant to you. No need to check each space individually—stay informed and engaged with your community at a glance!

6.1 Key Features

6.1.1 Posts & Updates

Members can share text, images, videos, or polls directly within their spaces or on their personal profiles. All shared content appears in the Activity Feed, ensuring easy access to updates and discussions.

6.1.2 Comments & Reactions

Engage with posts through comments and quick reactions such as likes and emojis, encouraging dynamic conversations and community interaction.

6.2 Using the Global Activity Feed

6.2.1 Viewing the Feed

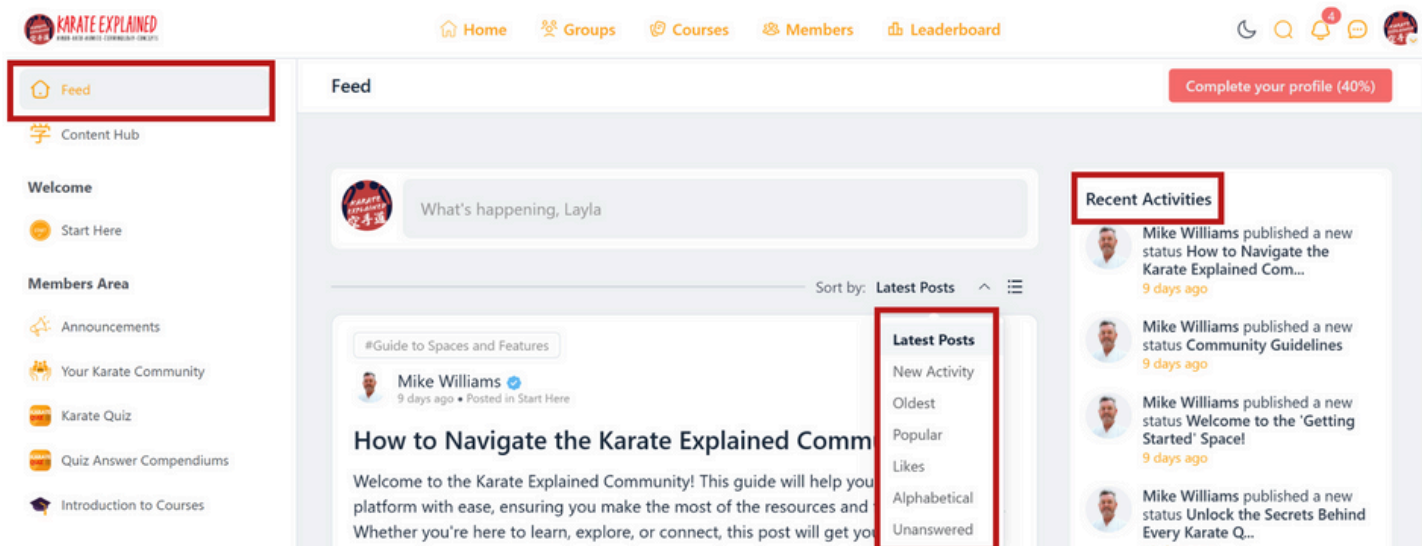
Upon logging in, members see a chronological list of recent updates from their joined spaces, providing a streamlined view of community activity.

6.2.2 Trending Posts

The right sidebar highlights top-liked and most-commented posts, showcasing trending discussions and key topics.

6.2.3 Recent Activities

Members can quickly browse the latest posts from all their joined spaces in one place, ensuring they never miss important updates.



6.3 Benefits

- Real-Time Updates
- Stay informed with live updates from across the community.
- Enhanced Engagement

The Global Activity Feed is designed to enhance member engagement by providing an interactive space for sharing, discussion, and connection.



QUICK TIPS



Manage the Welcome Banner

The Welcome Banner **①** is displayed by default on the global feed. To permanently hide it click the three-dot menu **②** and select Hide Banner. Once hidden, the Welcome Banner cannot be restored.



7. Karate Explained Community Leaderboard

The Leaderboard is your gateway to tracking engagement and celebrating top contributors within the Karate Explained Community. It ranks members based on their activity, encouraging friendly competition while recognizing those who actively participate and share their knowledge and experiences.

7.1 How to Access the Leaderboard

You can view the Leaderboard anytime by clicking on Leaderboard **1** in the top navigation bar.

7.2 Ranks & Titles

As you engage with the community—posting, commenting, and contributing—you'll earn points **2** that help you climb the ranks. Special titles and ranks are awarded based on accumulated points, adding a fun gamification element to your journey. **3**

Stay active, share insights, and see how you rank among fellow karate enthusiasts. Will you make it to the top? Keep training, keep contributing, and claim your spot on the leaderboard!

The screenshot displays the Karate Explained Community Leaderboard. At the top, a navigation bar includes links for Home, Groups, Courses, Members, and Leaderboard. The Leaderboard link is highlighted with a red box and labeled with a red circle containing the number 1. Below the navigation bar, the page title 'Leaderboards' is shown. The main content area features a profile card for 'Layla', a Karate Explorer, with a red box around her points (0) and level (Level 1), and a note '5 points to level up!'. This area is labeled with a red circle containing the number 2. Below the profile card, there are nine rank cards arranged in a 3x3 grid, each with a rank number, title, and description. At the bottom, there are three sections for 'Last 7 days', 'Last 30 days', and 'All time', each showing a gold medal icon and the name 'Mike Williams'. This bottom section is labeled with a red circle containing the number 3.

Home Groups Courses Members **Leaderboard**

Leaderboards

1

Layla
Karate Explorer

0 | Level 1
5 points to level up!

2

1 Karate Explorer

Setting foot on the path of discovery and growth.

2 Karate Contributor

Adding strength to the community with shared knowledge.

3 Karate Mentor

Offering support and encouragement to others on their journey.

4 Karate Pathfinder

Charting new directions in the spirit of learning.

5 Karate Advocate

Upholding the values of dedication and perseverance.

6 Karate Visionary

Leading with bold ideas and forward-thinking action.

7 Karate Enthusiast

Fueling passion and building strong connections.

8 Karate Craftsman

Honing skills to a fine art through practice and precision.

9 Karate Legend

Leaving a lasting legacy of inspiration and unity.

3

Last 7 days Last 30 days All time

Mike Williams Mike Williams Mike Williams

8. Accessing and Downloading Documents

8.1.1 Overview

The Karate Explained Community allows members to access and download documents shared within specific Spaces and Courses. These files are available only to authorized members of each Space, ensuring privacy and controlled access.

8.1.2 How to Find and Download Documents

8.1.2.1 Navigating to the Document Library

- Log in to Karate Explained Community.
- From the navigation bar, go to the Spaces or Courses section.
- Select the Space or Course Lesson where the document is shared.
- Click on Documents in the top-right corner of the Space **(1)** or go to the bottom of the lesson in Courses. **(2)**
- Documents can also be contained in a post and can be downloaded direct from the post. **(3)**

The screenshot illustrates the navigation paths to find and download documents within the Karate Explained Community. It is divided into two main sections: 'Document Location for Space Groups' and 'Documents & Files'.

Document Location for Space Groups: This section shows the top navigation bar with links for Home, Groups, Courses, Members, and Leaderboard. A red circle with the number '1' highlights the 'Documents' link in the top-right corner of the navigation bar, which is part of a dropdown menu that also includes 'Posts'.

Documents & Files: This section shows a list of documents. A red circle with the number '2' points to a document titled 'Quiz-Breakdown (1).pdf'. A red arrow points from the text 'Course documents can be downloaded from the lesson, below the content.' to this document. Below this, a post by Mike Williams is shown, titled 'Comprehensive User Guide'. A red circle with the number '3' points to a document titled 'Community User Guide.pdf' within this post. A red arrow points from the text 'Documents contained in a post can be downloaded directly from the Post' to this document.

8.1.3 Searching for a Document

If multiple documents are available, use the Search Bar to find specific files by title or keywords.

8.1.3.1 Downloading a Document

- Browse the list of available documents.
- Click the Download Icon next to the document you wish to access.
- The file will be saved to your device for offline use.



Additional Notes

Documents may be available only to members of the Space/Course or to all logged-in users, depending on Space settings.

If a document was published as a post, you can also find it in the Posts section of the Space and download it directly from the post.

9. Courses in the Karate Explained Community

The Karate Explained Community offers structured courses to help you deepen your understanding of karate techniques, principles, and history. This guide will walk you through how to access and navigate these courses effectively.

9.1 Accessing Courses & Course Categories

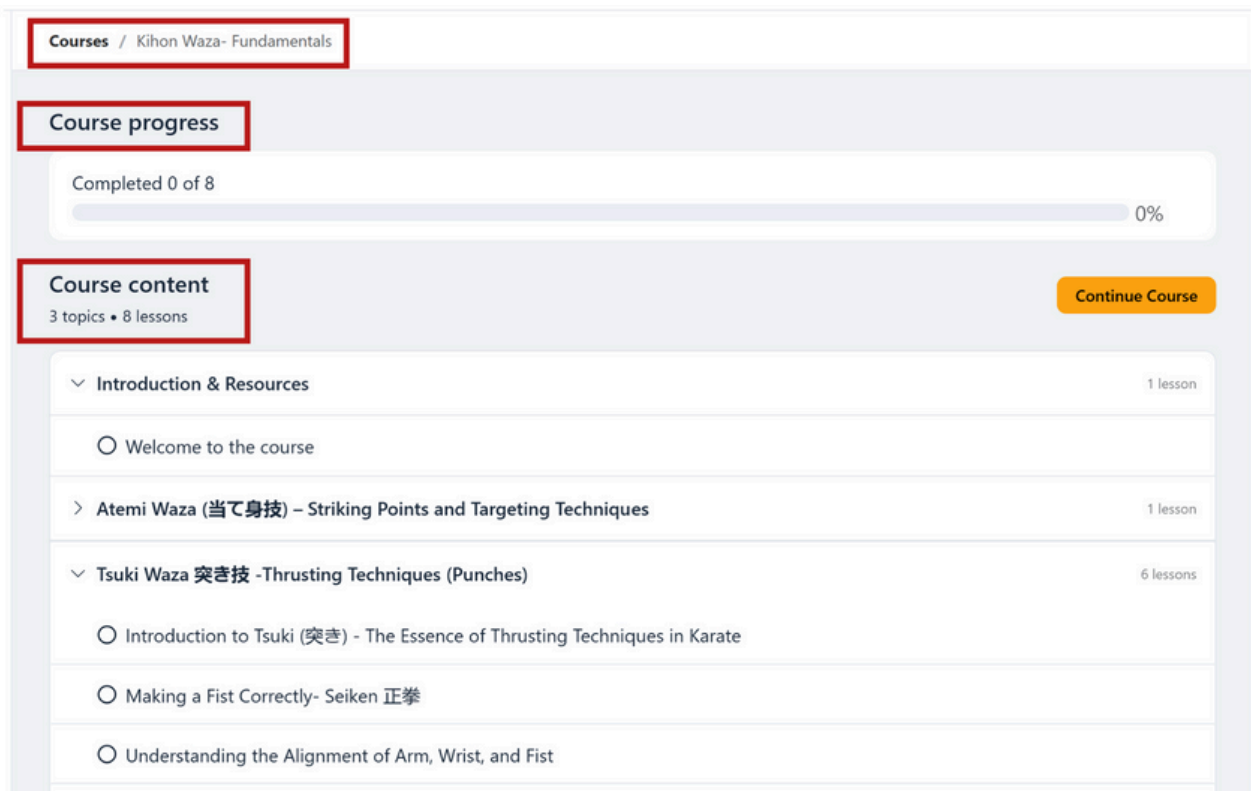
To browse and enroll in available courses:

- Navigate to the Courses section from the main menu.
- Browse through the list of available courses.
- Click on a course to view its details, including the title, description, and enrollment options.
- If the course is open for enrollment, click Join Course to start learning.

 Course Categories	
Kihon 基本	Fundamental techniques and movements.
Kata 型	Detailed breakdown and practice of kata (form).
Bunkai 分解	Application and interpretation of kata techniques.
Kumite 組手	Sparring techniques and strategies
History 歴史	Exploration of Karate's origins and development.
Concepts 概念	Understanding key principles and philosophies of Karate.
Terminology 用語	Explanation of common Karate terms and phrases.
Self-Defence 護身術	Practical self-defence techniques and applications.
Training Tips 訓練のヒント	Advice for improving training efficiency and effectiveness.

9.2 Course Structure

Each course consists of multiple sections and lessons designed for structured learning.



9.2.1 Enrollment Types

- Self-Paced: Access all content immediately and progress at your own speed.
- Structured: Content is released gradually based on your enrollment date.
- Scheduled: Lessons are released on a fixed schedule, requiring you to follow along.

9.2.2 Lessons and Content

Each lesson can include:

- Videos: Embedded instructional videos.
- Written Content: Detailed explanations and learning materials.
- Quizzes or Assignments: Some courses may include interactive components to test your knowledge.
- Downloadable Resources: Additional materials such as PDFs or worksheets to supplement your learning.



9.2.3 Navigating a Course

- Click on a lesson title to start learning.
- Use the Next and Previous buttons to move between lessons.
- If enabled, you can participate in the comments section to ask questions or discuss with fellow students.

9.2.4 Tracking Your Progress

- Your progress is automatically saved as you complete lessons.
- Some courses may require you to complete all lessons in sequence before moving forward.
- Check the Course Dashboard to see completed and pending lessons.

9.2.5 Completing a Course

You can revisit completed courses anytime for review.

If you have any issues accessing or navigating courses, feel free to contact the Karate Explained Community support team for assistance.

10. DojoDesk



10.1 What is DojoDesk

DojoDesk is your dedicated support and knowledge-sharing hub within the Karate Explained Community. Whether you need assistance, have a question about the platform, or want guidance on your karate journey, DojoDesk is here to help.

To access DojoDesk click on your profile icon (1) then click on the DojoDesk icon in the dropdown menu. (2)



10.2 How DojoDesk Works

10.2.1 DojoDesk Categories – Selecting the Right Support Option

When creating a ticket through DojoDesk, members can choose from different support categories to ensure their inquiries are handled efficiently. Each category represents a specific area of assistance. Selecting the most relevant category helps us provide accurate and timely responses. ①



Membership & Account Support

For issues related to your Karate Explained membership, account access, and billing. Choose this option if you need help with:

- Logging in or accessing your account
- Upgrading or downgrading your membership level
- Billing inquiries for Pro and Elite memberships

Karate Quiz & Answer Compendium

This category is for questions about the Karate Quiz and its companion resource, the Quiz Answer Compendium. Select this if you need assistance with:

- Monthly quiz questions and answers
- Accessing the Quiz Answer Compendium
- Clarifications on quiz content



Website & Technical Assistance

For technical support related to the Karate Explained platform, DojoDesk, or community features. Choose this category if you need help with:

- Navigating the website and finding resources
- Accessing exclusive content, downloads, or tools
- Troubleshooting technical issues with DojoDesk or the member community

Elite Member Priority Support (For Elite Members Only)

Exclusive support for Elite members requiring in-depth guidance. Select this option if you need:

- Personalized coaching or training advice
- Direct support for advanced topics in karate

By selecting the appropriate category when submitting a request, you help us provide faster and more precise assistance. If you're unsure which category fits your inquiry, choose the closest match, and we will direct your request accordingly.



Access DojoDesk Direct

The DojoDesk support & knowledge Vault can be accessed directly by [clicking here](#)





10.3 Karate Knowledge Vault – Your Ultimate Learning Resource

The Karate Knowledge Vault is your go-to resource for deepening your understanding of Karate's essential concepts, terminology, and principles.

Whether you're a beginner building a strong foundation or an advanced practitioner refining your skills, this section provides structured knowledge to enhance your journey.

10.3.1 What You'll Find in the Knowledge Vault:

- **Terminology Reference** – A comprehensive, searchable table covering key Karate terms, stances, strikes, techniques and more.
- **Kihon (Fundamentals)** – Detailed explanations of essential movements, including punches, kicks, blocks, strikes, and footwork.
- **Kata & Bunkai** – Breakdown of kata sequences and their practical applications in self-defense.
- **Kumite & Strategy** – Insights into sparring principles, timing, and distance control.
- **Concepts & Philosophy** – Explore the deeper aspects of Karate, including Dojo Kun, mindset, and training philosophy.
- **Karate History & Lineage** - Discover the roots of Karate, key historical figures, and the evolution of the main styles.
- **Training Tips & Skill Development** - Practical advice to refine techniques, enhance movement efficiency, and accelerate progress in your Karate journey.

The Karate Knowledge Vault is designed to support your growth, providing structured insights to complement your training. Use it as a reference, a study guide, or an inspiration to push your Karate to the next level!

10.3.2 Using the Terminology Section Effectively

The Terminology section is a dedicated resource designed to help you understand key Karate terms, techniques, and concepts. To make the most of it, please keep in mind how the search function works.

By using the correct search method, you'll easily access detailed explanations of stances, strikes, blocks, and more, helping you deepen your understanding of Karate's technical language.

The screenshot shows the 'Karate Knowledge Vault' interface. At the top, a search bar is labeled 'Search the Knowledge Vault...'. A red box labeled '1' points to the search bar with the text 'Main Menu for searching articles'. Below the search bar, there are three category tiles: 'TERMINOLOGY' (用語), 'KIHON' (基本), and 'KATA' (型). The 'TERMINOLOGY' tile has a red box labeled '2' pointing to its sub-menu, which includes 'Karate Terminology', 'Romaji - A Bridge to Understanding Karate Terminology', and 'Terminology Guide'. The 'KIHON' tile has a sub-menu with 'Kihon (Fundamentals)'. The 'KATA' tile has a sub-menu with 'Kata & Bunkai' and a red box labeled '分解 BUNKAI INCLUDED'.



QUICK TIPS

Searching the Terminology Category in the Knowledge Vault

Main Search Bar: The search bar at the top of the Karate Knowledge Vault searches across all articles but does not search within individual articles, including the Terminology section.

Searching Terminology: To find specific terms, use the search function inside the Terminology section itself. This will provide accurate results from the comprehensive terminology table, ensuring you get the exact information you need.





Appendix A

Community Guidelines

1. Introduction

Welcome to the Karate Explained Community! This space is dedicated to fostering a supportive and engaging environment for karate enthusiasts of all levels.

Our mission is to empower members with knowledge, inspiration, and a sense of belonging. By joining this community, you agree to abide by the following guidelines.

2. Respectful Conduct

Treat all members with respect and kindness, regardless of their background, rank, or experience. Use inclusive and considerate language to ensure everyone feels welcome.

3. Constructive Contributions

Share relevant and meaningful content that aligns with the purpose of the community. Avoid off-topic posts or comments that do not contribute to the discussion.

4. Privacy and Confidentiality

Protect the privacy of all members by not sharing personal information without consent.

Respect intellectual property by properly crediting shared resources or ideas.

5. Prohibited Behaviors

Harassment, bullying, or any form of abusive behavior will not be tolerated.

Avoid posting spam, advertisements, or self-promotional content unless explicitly allowed by moderators.



6. Engagement Etiquette

Foster healthy discussions by being open-minded and respectful, even when opinions differ. Approach disagreements constructively; personal attacks or inflammatory comments are prohibited.

7. Reporting Issues

If you witness or experience any violation of these guidelines, report it to the moderators through the appropriate channels.

Violations may result in warnings, temporary suspensions, or permanent removal from the community, depending on the severity.

8. Updates to Guidelines

These guidelines will be reviewed periodically to ensure they remain relevant and effective.

Community feedback is welcome and will be considered during updates. By participating in the Karate Explained Community, you contribute to creating a positive and enriching space for all members.

Let's work together to make this community a cornerstone of learning and camaraderie in the world of karate!